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Journey Through Thyme: Herbs in the Garden, Kitchen and Beyond Celebrating 50 Years of the Minnesota Herb Society

Friday, August 10, 2012, 8 a.m. - 4 p.m.

MacMillan Auditorium

\$45 Arboretum and Society members/\$60 non-member

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Everyone loves herbs...not only are they beautiful key players in our gardens, but they bring increased flavors and textures to our cooking, fragrance and pleasure to our homes, and a greater sense of good health and well being to our daily lives.

Come and immerse yourself in the pleasures of herbs during this special [Minnesota Herb Society](#)-sponsored event filled with cooking demonstrations and tastings, fascinating presentations, great conversation, and wonderful food. Your tuition covers instruction, lunch, admission to the Arboretum, and extra touches, such as a goodie bag.

Spend a day in the midst of the beautiful collections at the Minnesota Landscape Arboretum hearing from national experts who are passionate about the flavor herbs bring to their lives.

Pat Crocker is an international award winning and best selling cookbook author. Among her titles is *The Juicing Bible*, which won "Best in the World" in the nutrition category in Pergueux France, 2000. She is the creator of the Riversong Herbal Handbook Series. "Culinary herbalist" is the term Pat Crocker coined to describe her work,



Photo credit: Theresa Mieseler, Shady Acres Herb Farm

**THANKS TO EVERYONE FOR MAKING THIS A
SUCCESSFUL EVENT!**

AGENDA

8 a.m. - Registration in Reedy Gallery



expertise, passion for food and love of herbs. You can find out more about Pat at her website: www.riversongherbals.com and www.foodwedsherbs.blogspot.com.



Susan Betz is the author of *Magical Moons and Seasonal Circles -Stop-Look-Listen Stepping into the Circles of the Seasons*. She has worked with community and school gardening programs for the past thirty years. She is a charter member and past president of the Michigan Herb Associates, and currently writes the "Children's Corner" column for the *Michigan Herb Journal*. Susan has been an active member of the Herb Society of America and served as Education Chair for The Society from 2004 thru 2009. During her presentation,

you will learn how Mother Nature keeps a date book, an exciting schedule of mysterious and magical events unfolding daily in our backyards and beyond, and that she does not want you to wait for an invitation or schedule an appointment; she is ready and willing to entertain and educate on a moment's notice.



Jim Long is the author of more than two dozen books on herbs and gardening. He has been a columnist for The Herb Companion magazine since 1992. He currently has regular columns in The Heirloom Gardener, Missouri Gardening and The Ozarks Mountaineer magazines and pens a syndicated newspaper column, "Ozarks Gardening." He has appeared on numerous HGTV and Discovery Channel gardening programs as well as the P. Allen Smith Gardens television series. His gardens have been featured in numerous national gardening publications including Southern Living (twice). His blog, jimlongsgarden.blogspot.com has readers around the globe. His on-line business,

LongCreekHerbs.com sells his formulas, including Herbal Nail Fungus Soak, Dream Blends and his books, both wholesale and retail.



Sharon Lovejoy is a bestselling, award winning author and illustrator of nine books, which include *Roots, Shoots, Buckets & Boots: Gardening Together with Children*, *Sunflower Houses: Inspiration from the Garden-A Book for Children & Their Grown-Ups*, *Trowel & Error: Over 700 Shortcuts, Tips, & Remedies for the Gardener*, and *Toad Cottages & Shooting Stars*. Additionally, Sharon has contributed to *The Herb Tea Book*, *Potpourri and Fragrant Crafts*, and *Herb Drying Handbook*. Sharon's home and garden creations have appeared in numerous books and magazines. Find out more about Sharon

at www.sharonlovejoy.com and sharonlovejoy.blogspot.com.

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8:30 a.m. - *Introduction and Announcements*

8:45-9:45 a.m. - *Pat Crocker, "Basic Black: Cooking with Magic"*

10:00-10:45 a.m. - *Susan Betz, "Magical Moons and Seasonal Circles"*

11:00-11:45 a.m. - *Jim Long, "Edible Landscaping"*

Cut your grocery bill, plant less lawn and more food. Learn how adventurous, forward-thinking people are cutting back on plants that only take up space and require fertilizer and water, but give nothing back. Learn how to minimize (or eliminate) lawn grass and shrubbery and still have a home that looks like a million dollars. Jim learned landscaping with edibles from his grandmother and shares her secrets in his program.

Noon-12:40 p.m. - Savor a delicious lunch that puts the flavorful emphasis on herbs. You will go through a special lunch buffet in the Reedy Gallery, and then take your plate where ever you would like inside or on the grounds of the beautiful Arboretum. The menu will be based on recipes of Brenda Langton, chef and author of *The Spoonriver Cookbook*.

12:45-1:30 p.m. - *Jim Long, "How to Eat a Rose"*

The rose is the most recognized flower in the world-as well as the official Herb of the Year for 2012! Find out why this flower has captured so much attention and devotion, and submit yourself even further to its power over us. Learn which ones are safe to eat, how to tell the ones that taste best, and learn recipes for making delicious foods with roses

1:45-2:45 p.m. - *Ten Herbs in One Hour with the Minnesota Herb Society*

Learn from those who are passionate about herbs when they reveal their personal favorites and give their reasons why. Discover how to best choose, grow, and use these herbs.

3-4 p.m. - *Sharon Lovejoy, "The Well Seasoned Herbalist"*

When you have a passion for cooking, decorating, and growing herbs, it insinuates its way into every facet of your life. It's an inescapable and delicious state of being. Join herbalist/author Sharon Lovejoy as she shares a year of gardening and herbal tips.

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American Botanical Council
Minnesota Nice Spice
Herb Society of America (Central District)
Herbalist Kelley A. Hagenbuch, D.C., M.H.
Bragg Sprinkle
Le Jardin du Gourmet

4 p.m. - *Book fair and author signing.* Presenters will be at hand to sign their books at the Arboretum Bookstore. Then enjoy the rest of your day at the Arboretum!

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The Minnesota Landscape Arboretum serves as a research center and extension of the University of Minnesota's College of Food, Agricultural and Natural Resource Sciences (CFANS).

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